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@rosemeadcafe

OCTOBER

Breakfast & Lunch



Menu are subject to change without prior notice



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

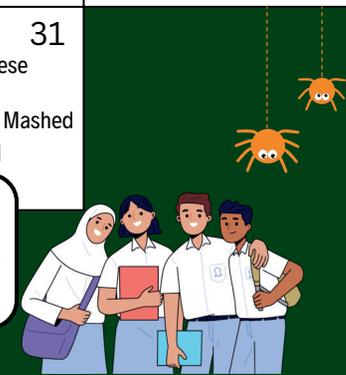
FRIDAY



	1 Egg, Cheese & Beef Chorizo Burrito Carne Asada Nachos, Refried Beans, Guacamole, and Pico de Gallo	2 Pancake on a Stick General Tso Chicken, Brown Rice & Garlicky Broccoli	3 Bagels with Cream Cheese Breaded Chicken Drumstick, Mashed Potato, & Dinner Roll	4 Scrambled Eggs, Toast & Hash Browns Manager's Special
7 Breakfast Egg, Cheese & Bacon Sandwich Beef Pasta Bolognese with Garlic Knot	8 Assorted Pop Tart with Cracker Spicy Italian or Cold Cut Sandwich, or Beef Hot Dog with Three Bean Chilis	9 French Toast Sticks with Turkey Sausage Chicken Wings, Garlic Toast, and Seasoned Wedges	10 UBR Chocolate Chip Breaded Spicy or Regular Chicken Sandwich with Coleslaw	11 Chocolate Chip Muffin Pepperoni or Cheese Pizza with Tossed Salad
14 Breakfast Egg & Sausage Sandwich Chicken Alfredo, Toast & Garlicky Broccoli	15 Mini Powdered Donuts Nashville Hot Chicken Tenders with Corn Bread Poppers	16 Freshly Baked Cinnamon Rolls Chicken & Vegetable Dumplings with Chow Mein	17 Bagel with Cream Cheese Chicken Waffle Sandwiches with Tater Tots	18 Ham & Cheese Croissant Pepperoni or Cheese Pizza with Tossed Salad
21 Assorted Cereal with Crackers Boneless Chicken Wings & Donuts	22 Assorted Concha Crunchy Beef Taco with Refried Beans, Spanish Rice, and Elote Salad	23 Freshly Baked Chocolate Chip Scones Spaghetti & Meatballs with Garlicky Broccoli	24 Mini Chocolate Donuts Hamburger or Cheeseburger with Seasoned Crinkle Fries	25 Egg, Cheese & Sausage Tornado Pepperoni or Cheese Pizza with Tossed Salad
28 Housemade Cinnamon Pancake Squares Mac & Cheese with Garlic Knot	29 Egg, Cheese & Beef Chorizo Burrito Carne Asada Nachos, Refried Beans, Guacamole, and Pico de Gallo	30 Pancake on a Stick General Tso Chicken, Brown Rice & Garlicky Broccoli	31 Bagels with Cream Cheese Breaded Chicken Drumstick, Mashed Potato, & Dinner Roll	

Freshly Prepared
 Plant-Based

Meals includes assorted fresh fruit and/or vegetables, and 1% or fat free milk



This institution is an equal opportunity provider